



## Joy Pape RN BSN CDE WOCN CFCN

Resides: New York, N.Y.  
Specialty: Diabetes Education, Weight Management, Blood Pressure Management, Foot Care, Integrative Medicine  
Company: EnJOY Life! Health Consulting  
Education: Jewish Hospital School of Nursing, RN, 1979  
University of the State of New York, BSN, 1982

### Professional Affiliations

American Diabetes Association, Professional Section  
American Heart Association, Professional Section  
North American Association for the Study of Obesity  
American Association of Diabetes Educators  
Polycystic Ovarian Syndrome Association, Advisory Board Member

# Joy Pape

at a glance...



**Diabetes Education,  
Weight Management,  
Blood Pressure Management,  
Foot Care, Integrative Medicine**

### Notable Career Achievements

Board Certification in Diabetes Education  
Board Certification in Wound, Ostomy, Continence Nursing  
Board Certification in Foot Care  
Certified Insulin Pump Trainer  
Experience speaking on behalf of health care industry members, such as Takeda Pharmaceuticals, Pfizer Pharmaceuticals, OMRON Healthcare, and LifeScan-a Johnson & Johnson Company  
Medical Advisory Board Member for dLife  
Contributing Medical Producer for dLifeTV  
Associate Nurse Editor for PRESENT Diabetes  
Guest Editor and Columnist for Diabetes Health Magazine-Professional  
Development of Diabetes Self-Management Course for Duane Reade Pharmacies  
Official Spokesperson for Omron Healthcare, Inc.-World Leader in Blood Pressure Monitoring  
Director of Education-Diabetic

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## getting to know... **Joy Pape**

### **Biography**

Growing up in a family with a history of heart disease, obesity, and diabetes, Joy Pape knew early on that she wanted to make her career in medicine.

Joy has extensive experience working in a variety of health care settings such as inpatient, outpatient, pharmacy, public health, home health, management, and consulting. This allows her to relate to and understand many needs. As one of the pioneers in the home health industry, Joy believes in not just treating a patient's illness, but also in the importance of educating her patients and their families to empower them to successfully prevent disease and manage their health. This led her into the field of diabetes education and management as well as recognizing the importance of home blood pressure monitoring and foot care.

Joy's lifelong journey and dynamic personality make her a highly regarded educator and presenter on diabetes as well as weight management, blood pressure management, and foot care.

As president and founder of EnJOY Life! Health Consulting, LLC, Joy provides diabetes education, insulin pump training, health and weight management, and wound, skin, and foot care consultation for individuals, organizations and corporations. She was the contributing medical producer for dLifeTV and a regular contributor to other dLife entities. For Your Diabetes Life – dLife – is a multi-media resource center for those living with diabetes and their loved ones. Joy also contributes to many journals and web sites, both consumer and professional, and is part of a health education/comedy team, "Laugh It Off" that educates, enlightens, and entertains people about healthy lifestyle changes.

Joy's work experience with diabetes hit home personally about five years ago when she was diagnosed as pre-diabetic. By living her life philosophy of "making simple changes to make a big difference," she successfully manages her health: body, mind, and spirit.

Joy is passionate about motivating people with chronic diseases such as diabetes, obesity, and high blood pressure to learn how to successfully manage their condition. She is equally passionate about teaching and inspiring others to make healthy lifestyle choices that can prevent or delay the onset of type 2 diabetes as well as other health issues. Joy is able to tailor her presentations to any audience, speaking on a variety of timely health and wellness topics.

Joy is married to Brian Pape, a historic and green architect. Together they are avid walkers and supporters of walkable communities for a healthier nation and world.

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